



Senior

# Live well now and in the future

Tips and information about housing for  
seniors

[boplats.se/senior](https://boplats.se/senior)

 **boplats**  
*En del av Göteborgs Stad*



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# Plan your future home well in advance

There is a housing shortage in Gothenburg. It is therefore important that you plan how and where you want to live in the future. You are advised to register in housing queues even before you have begun thinking about moving.

## Register at boplats.se

Boplats Göteborg is the municipal housing agency for the City of Gothenburg. It costs 200 SEK per year to be in the housing queue and collect queuing days on boplats.se.

At boplats.se you can apply for regular homes for rent as well as different types of specialised accommodation, such as accessible housing, housing for seniors or communal living accommodation.

## Register in good time

Since all apartments advertised on boplats.se are allocated by number of queuing days, it can take a long time to get a lease. It's not unusual for it to take several years. It's important that you register on boplats.se as soon as you can and that you pay your annual fee in order to be able to find housing in the future.

Even in the case of housing for seniors it can take a long time to find somewhere to live. Waiting times vary in different parts of Gothenburg, and also for specific senior

housing options. Think about where and how you would like to live in the future and keep a close check on how long you may need to wait. Statistics and waiting times are available at boplats.se.

## How to register with boplats.se

- » Go to [boplats.se](https://boplats.se)
- » Click on **Sign up** in the upper right-hand corner
- » Enter your details
- » Log in to complete your registration
- » Confirm your contact details

Remember that you must pay the 200 SEK fee each year to remain in the housing queue. You can pay by debit card directly at boplats.se, by Swish, or by invoice through your bank.

You will find your payment slip on My pages under the Payment tab.



## List of housing for seniors

On the [boplats.se/senior](https://boplats.se/senior) page you will find a list of senior housing options, both within and outside Gothenburg, along with information about how to apply for them.

The list is updated continuously with new information as many landlords are constantly reviewing their existing holdings to create more housing for seniors.

## Remain active and don't miss any offers

When an apartment has become available for rent, things move quickly once it has been advertised by the housing company. It is important that you check your emails carefully to make sure you don't miss an offer.

If you receive an offer of an apartment, you must follow the instruc-

tions in the offer quickly to ensure the apartment is not given to someone else.

If you are registered on several housing websites, it could be advisable to make a list of your login details and other information so that they are readily available. This will allow you to log in frequently and keep a close check on availability.

## To think about before looking for a home

- » Waiting times for the areas where you would like to live
- » Your future requirements (e.g. no stairs, spacious bathroom, close to a bus or tram stop, and places where you can meet other people)
- » Your financial circumstances
- » Decide which housing websites are right for you





# Guidance in finding a home

You can receive guidance on how to use boplat.se by contacting Boplat's customer service. Citizens' offices and certain senior centres can also provide guidance.

## Boplat's customer service

If you call Boplat's customer service on 031-100 250 they can help you. You can also email your questions using the email form at [boplat.se/kontakta/kundtjanst](mailto:boplat.se/kontakta/kundtjanst).

Guidance is available on how to register, apply for available apartments, and update your profile. You can also receive help with

- » Creating a new password
- » Paying the annual fee
- » Finding out the number of queuing days you have built up
- » Accepting an apartment that is offered to you
- » Reading your messages

You can also find out about waiting times in different areas and where there are available apartments for seniors.

## Citizens' offices and senior centres

Citizens' offices and certain senior centres can also provide guidance on how to register and apply for available apartments. Addresses and opening hours for citizens' offices and senior centres can be found at [goteborg.se](http://goteborg.se).

You can call the City of Gothenburg on 031-365 00 00 for further information.



# Different types of housing

There are special types of housing that are specially designed for seniors, such as senior housing and social housing. You can also apply for other types of housing, such as communal living accommodation and newly built housing units.

Housing for seniors and social housing are available in a number of districts in Gothenburg. Some housing units are located in an apartment block where anyone can live. In that case you would live in a regular apartment in a block with other tenants of different ages.

There are also blocks that only have housing for seniors. In that case you would live in a block where you and the other tenants would be of a similar age.

## Senior housing (55+)

If you are aged 55 years or older you can apply for senior housing. These are regular apartments that offer good accessibility, low thresholds, and spacious bathrooms. Senior housing is often located on the ground floor or where there is access to a lift.

## Social housing for seniors (70+)

There are also regular apartments for persons aged 70 years and over. There is always a communal area where tenants can socialise and

take part in hobby activities and recreational pursuits. There is also a host who is there to help build up a sense of community and belonging.

By becoming involved in the activities that are on offer or using the communal areas, you would have an opportunity to meet your neighbours. These apartments also offer good accessibility, low thresholds, and spacious bathrooms.

You can read more about housing for seniors at [boplats.se/senior](http://boplats.se/senior). If you would like further information, you can call Boplats customer service on 031-100 250.

## Care facilities for elderly

When you are no longer able to continue living in your home because of your increasing care needs, you can apply to move to a care facility for the elderly located within the municipal area. If you live in Gothenburg, the easiest way to apply is by using your eID at [goteborg.se](http://goteborg.se).

You can also call the City of Gothenburg contact centre on 031-365 00 00 and ask for the elderly care department.





## Accessible housing

Accessible housing is ideal if you need a home that offers good accessibility, low thresholds, and spacious bathrooms, and which is located on the ground floor or with access to a lift. Anyone can apply for accessible housing.

## Communal living

Communal living refers to a multi-occupant block that has regular apartments but also communal areas and facilities. The tenants can cook and eat together, grow things together, and spend time in each other's company.

## Newly built housing

All newly built housing units must be accessible for everyone. For that reason, a newly built apartment could be an alternative if you are a senior. New housing units often have a higher rent and are of a

higher standard. It could therefore be quicker for you to find your own home if it is newly built.

You can apply for accessible housing, communal living accommodation, and newly built housing units at [boplat.se](http://boplat.se) or through other housing websites.

## Own waiting list for modified housing at [goteborg.se](http://goteborg.se)

If you have a disability and you are registered in Gothenburg you can put your name on the waiting list for a modified home provided by the City of Gothenburg. Your name will only be added to the list if you have been referred by a healthcare professional.

You can read more at [goteborg.se](http://goteborg.se) or you can call the City of Gothenburg contact centre on 031-365 00 00 for further information.

# Other ways to find a new home

There are other alternatives if you do not wish or are unable to apply for specially designated senior housing.

## Apply for a regular apartment

You can apply for a regular apartment that does not have a particular age limit or special terms and conditions. Anyone can apply for these apartments. It often takes longer to find an apartment that is open to everyone, as considerably more people can apply for the same apartment.

## Be aware of your needs

If you plan to apply for a regular apartment it is important that you are aware of your needs. Go through each advertisement carefully before you submit a notification of interest.

You may need to:

- » live on the ground floor or have access to a lift
- » have a home that is accessible, and with a spacious bathroom and low thresholds
- » live close to a bus or tram stop
- » have access to local services, such as a grocery store, pharmacy, cafeteria, or medical centre
- » have a centre or similar venue nearby where you can socialise with other people

## Check that you can modify your home

If you have a disability you can apply for a grant to modify your home. If you already have or intend to apply for a regular apartment that is not adapted to your needs, you can look into the possibility of having it modified.

If you plan to move it is important that you choose a suitable home that meets your needs. If your home is obviously unsuitable because of your disability, you will not receive a grant for it to be modified. It could be unsuitable because of its size, layout, number of floors, or that it is on different levels.

You can read more at [goteborg.se](http://goteborg.se) or call the City of Gothenburg contact centre on 031-365 00 00 for further information.

## Internal rental queue

If you already have a rental lease you can ask your landlord about the possibility of applying for available apartments internally. If you have a home that you rent through one of the municipal housing companies in Gothenburg (Bostadsbolaget, Familjebostäder, Gårdstensbostäder or Poseidon) you can apply for available



apartments through the internal rental queue. Contact your landlord for further information.

## Apartment exchange

If you already have a lease on an apartment you may be able to do an exchange with another person who also has a lease, meaning you live in their rented home and they in yours.

An apartment exchange could be a good alternative if you want to move from a large apartment to a smaller one, if you want to reduce your rent, or if you want to live in another area or another town. An apartment exchange always has to be approved by both landlords.

## Other housing websites

If you do not have enough queuing days at boplat.se you can register on other housing websites in Gothenburg.

The easiest way is to search for housing websites on the Internet, as

the location of available apartments and how they are advertised can vary. Details of other housing websites are available on the City of Gothenburg website:

» [goteborg.se/sokabostad](https://goteborg.se/sokabostad)

## Search outside Gothenburg

You can also search for a home throughout the whole of Sweden. Waiting times for a home vary considerably from one part of the country to another.

Most municipalities have both municipal and private landlords where you can look for housing and register to join a housing queue.

Visit each municipality's website for more information about who the local landlords are. Information can often be found under the heading "Bygga och Bo", where you can click your way through to available homes or the names of housing companies.

## Budget and debt counselling

You can receive help to structure your finances and apply for debt restructuring.

Contact the budget and debt counselling department for further information:

**Telephone number:** 031-368 08 00

**Email:**

[budget@demokratimedborgarservice.goteborg.se](mailto:budget@demokratimedborgarservice.goteborg.se)

**Visiting address:** Ekelundsgatan 1

For telephone and visiting times go to [goteborg.se/privatekonomi](https://goteborg.se/privatekonomi)





# To think about before moving

Financial support is available if you are planning to move. You can apply for a deduction for cleaning and moving assistance, or for a grant to help pay your new rent.

## Financial deduction for cleaning and moving (RUT-avdrag)

If you need help with moving you can use a cleaning or a moving firm. You must pay the costs of any cleaning or moving assistance, but you could be entitled to make a financial deduction (RUT-avdrag). This means the Tax Agency will allow you to offset the cost of domestic services, including moving services and repairs, against your tax.

Further information about this is available at [skatteverket.se](https://skatteverket.se), or you can call the Tax Agency customer service department on 0771-567 567 for further information.

## Housing supplement and income support for the elderly

You can apply for a housing supplement and income support for the elderly if you are on a small pension and cannot afford your rent. Regardless of whether you rent or own your

home you could have the right to the supplement or support.

A housing supplement is a supplement to your state pension and is tax free. The income support is a way of supporting individuals who are on a small pension, or do not have any pension at all. It allows you to pay for your upkeep and your home, and ensures you have a reasonable standard of living.

You can read more at [pensionsmyndigheten.se](https://pensionsmyndigheten.se) or you can call the Pensions Agency customer service department on 0771-776 776 for further information.

## Get your finances in order

Don't forget that your costs could double for a while when you move. If, for example, you are currently living in a rented apartment you may have a period of notice. This means that for a time you may need to pay rent for two homes.

# Other services for seniors

There are a number of services you can use. Below are tips about services that are an offer if you live in Gothenburg.

## Handyperson service

If you are aged 68 years or over you can receive help from a handyperson in your local area and by doing so avoid the risk of a fall or an accident at home. Help could include connecting electric cables, changing light bulbs, putting up pictures, or bringing boxes down from the attic. The service is free of charge although you will need to pay for any materials.

You can order the handyperson service directly at [goteborg.se](http://goteborg.se) or you can call the City of Gothenburg contact centre on 031-365 00 00 and ask for the handyperson service.

## Home help and elderly care

If you need daily help you can apply to the municipal authority for access to the home help service. You can receive assistance with your personal care, as well as heating up food, washing the dishes, cleaning, shopping, and other household tasks.

You can read more at [goteborg.se](http://goteborg.se) or you can call the City of Gothenburg contact centre on 031-365 00 00 and ask for the home help service.

## Flexlinjen

Flexlinjen is part of the public transport system and everyone can use it. Flexlinjen buses operate within a fixed area and to ensure they stop as close to as possible to where you live there are lots of pick-up and drop-off points. If you are entitled to use the municipal assisted transport service, Flexlinjen buses could stop even closer to where you live.

## Travel Service

The Travel Service is available to anyone who finds it difficult to travel independently. As with public transport in general, you travel with other people although in this case it would be in a car, in a vehicle that is specially equipped to carry a wheelchair, on a bus that has been adapted for wheelchairs, or on a Flexlinjen bus. To use the Travel Service, you will need a Travel Service pass.

You can read more about Flexlinjen and the Travel Service at [goteborg.se](http://goteborg.se), or you can call the Travel Service customer service department on 031-368 25 50 for further information.

# Check list

- **Register on boplat.se and begin collecting queuing days**
  - Remember to pay the annual fee
  - Update and verify your contact details to make sure you don't miss out on an offer
- **Find out the waiting times for your preferred area**
  - Keep up to date with statistics and waiting times by going to [boplat.se/senior](https://boplat.se/senior) or by calling Boplat customer service on 031-100 250
- **Find out your needs, such as:**
  - to live on the ground floor or have access to a lift
  - accessible housing with a spacious bathroom and low thresholds
  - to be close to a tram or bus stop
  - services in the local area, such as a grocery store, pharmacy, cafeteria, or medical centre
  - somewhere you can socialise with other people
- **Begin planning for your move well in advance**
  - Find out about moving and cleaning assistance and check with the Tax Agency to see if you are entitled to a tax deduction
  - Find out how much notice you need to give on your current home
- **Find out if you can apply for a housing supplement or income support for the elderly**
  - Contact the Pensions Agency for further information

# Contact details

## Boplats Göteborg

**Telephone:** 031-100 250

**Email form:** [www.boplats.se/kontakta/kundtjanst](http://www.boplats.se/kontakta/kundtjanst)

**Website:** [www.boplats.se](http://www.boplats.se)

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